

Baby Massage

For a happier, healthier & more confident baby



Through touch, smiles & hugs
your bond will strengthen



Your baby will fall asleep faster
& sleep for longer

Helps to boost verbal
& non-verbal communication

Increases your baby's self esteem
& helps them to feel safe and loved

Relieves pain caused by colic, gas,
constipation and teething

Helps your baby to relax & reduces stress

Stimulates & develops your baby's
nervous & immune system



For more information or to book onto a Free 4 week
course contact Carole on 07973678837 or email
theplacefaringdon@spurgeons.org