

We would like to wish you and your families a very Happy New Year.

We are very hopeful that with the vaccines being rolled out that during 2021 we will again be able to meet face to face and resume our groups in our new home at the Corn Exchange. We can't wait to see you all again.

It was so good to be able to see some of you when you collected the Christmas Activity Packs recently.

After the latest updates yesterday, it has been decided that all our groups will need to be run online for the foreseeable future. We are very disappointed not to be able to start up our face to face groups as we had really hoped to be able to do this in the New Year.

We would, however, like to encourage you to join our online groups. Please do feel free to talk to either Carole or Lucy if you have any concerns or comments about doing this. All our groups are very informal and you are welcome to join in as much or as little as you want. We keep numbers for our New Parent, New Baby and Baby Massage Groups to a max of 6 to enable families to feel more at ease and to help relationships to build over the weeks of the course.

Our baby group and Story and Singing Sessions are a great way to just link up with other families and enjoy a story and join in with some singing. They last for a max of 30 minutes and again we can just send you the link and if you are able to join in for just a few minutes that's great. Alternatively if it doesn't work for you on the day, no problem, just join us maybe next week.

We are hoping the Oral Health Team will do an online information session, which worked really well back in the Summer, so please do look out for dates for this.

Our clothes library is growing all the time, and we have also had some amazing donations of maternity clothes, please DO contact us if you would like us to deliver some clothes to you... we can always leave them in a safe place. Please also let us know if you would like to borrow any of our toys or resources.

We really understand how difficult a time this is for everyone, and particularly if you have young children or have just had your first baby and are feeling very isolated. Please do reach out to us: give us a call, send a text message, contact us via email or facebook. We would love to be able to have a chat with you and to keep in touch. We miss seeing you all very much!

Really hope to hear from you or to see you at one of our online groups soon, please let us know if you would like to join or if you would like more information on:

New Parent, New Baby Course

Baby Massage Course

Baby Group

Story and Singing Session

Take good care

Carole & Lucy

